



Community Baby Shower

Saturday • November 5

10:00 a.m. – 12:00 p.m.
at the Berkshire Mall
Center Court

Prizes & Giveaways!

ALL FREE!

A fun and educational event for parents-to-be, parents of young children, and those who care about them.

**Berkshire
North[®]**



WIC is an equal
opportunity provider.



Information available from local agencies on such topics as:

- labor and delivery
- infant care
- breastfeeding techniques
- nutrition during pregnancy

and if you have young children:

- lead poisoning prevention
- selecting child care
- effective parenting strategies & lots more!